



Teachers, Students, Staff of IIT Bhubaneswar Take Part In Cyclothon To Promote Fit India Movement

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Bhubaneswar: IIT Bhubaneswar organized 'FIT India Cyclothon' as part of the Fit India Movement. It's a new initiative conceived with a vision to help people keep fit while maintaining social distancing.

IIT Bhubaneswar Director Prof. RV Raja Kumar flagged off the event.

"Physical, mental fitness and well-being are very essential for every citizen to lead a quality life. IIT Bhubaneswar adopted cycling culture in the campus to create a wellness environment at the institute by giving equal importance to health and fitness among the campsites by regular practice of sports, cycling and yoga," Prof. Raja Kumar said.

"Fortunately, the students of our institute exhibit quick reflexes. The Institute in the past has organized and actively participated in the Freedom run, Mini-marathon and International Day of Yoga. The 'Fit India Movement' initiative by, Hon'ble Prime Minister of India Narendra Modi in making India a Fit Nation is truly a visionary step in this direction and the nation needs to be reminded about it in these times. On this occasion, I would urge the students, faculty, and staff members to practise exercise in their daily routine from now on," he added.

About 80 members of the institute — comprising of faculty, officers, staff and students — took part in the Cyclothon. The event was held with strict observation of social distancing and other COVID-19 guidelines

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